Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Bri		2017 enior Cen	ter		1
Celebrating Birthdays Butch H 6 Riley K 13 Gary R 14 Ann H 30	CENTER CLOSED		10:00 Card games 5 11:00 Program w/Joy 12:45 Bingo		10:00 Games 7 11:00 Chair YOGA 1:00 Groceries for Seniors	Department of Aging trips for JULY: July 14 – Tea
Attention Veterans Monday July 10 th is Veteran Recognition	Special 10 Program at FSC Music with Chuck Fisher	9:00 Strength Tr 11 10:00 Card games 10:30 Wii 11:00 Craft w/Sue 1:00 Puzzle 5:00 Card Party	10:00 Card game 32 10:30 Nurse Steve Blood Pressure Educare students visiting for the day 12:45 Bingo	9:00 Strength Tr 13 10:00 Card games 10:30 Wii 11:00 Library 1:00 Local shopping	& Assistance w/Elly 11:00 Lunch at the Park & Games	Room & Shoe House July 21 – Great Falls & C & O Canal For reservations
& Resource Day at the Frederick Senior Center. 9:00 – 2:00 Special activities & speakers 23	CENTER CLOSED	9:00 Strength Tr 18 10:00 Card games 10:30 Wii 1:00 "Smile Week" Floral craft 5:00 Bingo	9:00 Coffee & 19 Snack 10:00 Bingo 11:30 Lunch Out with Friends	9:00 Strength Tr 20 10:00 Card games 10:30 Wii 11:00 Library 1:00 Local shopping	10:00 Games 21 11:00 Chair YOGA 1:00 Ice Cream	or more details about trips please see trip flyer or call for more details 301-600-1605 Reservations can now be made online at
	CENTER CLOSED	9:00 Strength Tr 25 10:00 Card game 10:30 Wii 1:00 Puzzle 5:00 Card Party	Center ²⁶ Closed for Brunswick PICNIC	Center ²⁷ Closed for Staff Training	10:00 – 2:00 28 Ceramic Painting at FSC (Fee for project) 11:00 Chair YOGA	
Brunswick 30 Senior Center "Where the finest people meet"	CENTER CLOSED Join us for our Annual Summer Picnic Wednesday July 26, 2017 "Christmas in July" Please call for reservations or more details.					